

2025-01-05 Meditation for the Third Sunday of Christmas is now available at: <https://pgimf.org/meditations/>

Theme song (7<sup>th</sup>-century hymn):

Creator of the stars of night  
Your people's everlasting light,  
O Christ, Redeemer of us all,  
We pray you hear us when we call

In sorrow that the ancient curse  
Should doom to death a universe . . . .

***Der Herr ist mit mir***, BuxWV 15

Lyrics: Psalm 118:6-7

Music: Dieterich Buxtehude (c. 1637-1707)

Artists: Ensemble Jacques Moderne, Joël Suhubiette (dir.)  
<https://www.youtube.com/watch?v=SPK1Vatq6a0>

*Der Herr ist mit mir,*  
The Lord is with me,  
*darum fürchte ich mich nicht,*  
therefore I will not fear,

[Pause]

[The following question is asked repeatedly and then answered with confidence.]

*was können mir Menschen tun?*  
what can anyone do to me?

*Der Herr ist mit mir,*  
The Lord is with me,  
*mir zu helfen,*  
to help me,

[Sung quickly, then returns to "Der Herr is mit mir"]

*und ich will meine Lust sehen an meinen Feinden.*  
and I will look in triumph over my enemies.

[Closing ritornello]

[Coda lasting two minutes, supported by the bass instruments which play a repeated ostinato of eight notes. Enjoy.]

*Alleluia.*  
Alleluia.

